

Sawbridgeworth Tennis Club
Weekly Court Schedule (Term Time)



| | Morning | Afternoon | Evening |
|-----------|---|--|---|
| Monday | 09.00 - 12.00 Individual Coaching (1) | 12.00 - 16.00 Individual Coaching (1) 16.00 - 17.30 Individual Coaching (2,3) 16.00 - 17.30 Herts Route to Tarbes Club Squad (6) | 17.30 - 20.00 Junior Performance Coaching (4,5,7) 20.00 - 21.30 Senior Group Coaching (1,2,3,4,5) |
| Tuesday | 07.00 - 10.00 Individual Coaching (1) 10.00 - 12.00 Ladies Group Coaching (1,2,3) | 12.30 - 16.30 Individual Coaching (4) 13.30 - 16.30 Club Afternoon (1,2,3) | 16.30 - 19.30 Individual Coaching (3,7) 17.00 - 19.00 Mini-Tennis Coaching (4,5) 18.00 - 19.00 Junior Group Coaching (1,2) 19.30 - 22.00 Ladies Team Night (1,2,3) |
| Wednesday | 07.00-12.00 Individual Coaching (1) | 12.00 - 16.00 Individual Coaching (1) 16.00 - 18.00 Individual Coaching (3) 16.00 - 17.30 Herts Route to Tarbes Club Squad (6) | 17.00 - 19.00 Mini Tennis Coaching (4,5) 18.00 - 20.30 Junior Performance Coaching (1,2,3 until 19.30, 4,5,7 until 20.30) 19.30 - 21.30 Club Evening (1,2,3) |
| Thursday | 07.00 - 12.00 Individual Coaching (1) | | 17.00 - 19.00 Mini Tennis Coaching (4,5,7) 17.30 - 19.30 Junior Performance Coaching (1,2,3) 19.00 - 22.00 Men's Team Night (All) |
| Friday | 10.00 - 12.00 Ladies Group Coaching (1,2,3) | 12.00 - 15.00 Individual Coaching (1) 16.00 - 17.00 Individual Coaching (1,2) | 17.00 - 22.00 Individual Coaching (1,2) 17.00 - 18.30 Junior Matchplay (Mini-Reds) 18.00 - 20.00 Junior Matchplay (Mini-Orange and Mini-Greens) (4,5,6,7) |
| Saturday | 08.00 - 12.00 Individual Coaching (4,5) | 12.00 - 17.00 Individual Coaching (4,5) 12.30 onwards Match Priority (All) | |
| Sunday | 9.00 -12.00 Junior Coaching (4,5,6,7) 11.00 - 13.00 Junior Matchplay 10.30 - 12.30 Club Morning (1,2,3) | 12.30 onwards Match Priority (All) | |